



Pre-Marital Counseling Package

With the standard rate for counseling nearing a hundred dollars per session, cost can be a negative factor for young couples starting out. In an attempt to meet this need in the community, **Real Life Counseling Services is making available a package of six, fifty minute sessions, for a total cost of \$375.00.** If required, additional sessions will be considered at a special rate.

Sadly, couples will frequently spend thousands of dollars on their wedding and neglect pre-marital counseling or any form of marriage preparation. Therefore, in an effort to strengthen marriages, families, and communities, Real Life Counseling Services is offering this Pre-Marital Counseling Package for couples who want to better prepare for this most important life change.

Objectives of the Real Life Counseling Services Pre-Marital Counseling Package:

1. Help couples learn in practical ways about:
 - a. Differences
 - b. Similarities
 - c. Conflict styles & resolution
 - d. Expectations
 - e. Emotional intimacy
 - f. Stress in the relationship and how each deals with it
 - g. Communication
 - h. Roles
 - i. Financial management
 - j. Leisure time
 - k. Spiritual beliefs
2. Provide a safe place for couples to discuss how, if at all, they plan to integrate their faith into their marriage.
3. Provide a realistic screening aspect for the marriage
 - a. Should the couple marry?
 - b. Are they ready?
 - c. What is compatibility?
 - d. How each grew up in their family, and how this impacts their ability to relate to one another.
4. The ultimate decision – always resting with the couple