



## ***Real Life Counseling, LLC***

**Real People Helping Others Experience The Real Life**

### **PRE-MARITAL COUNSELING OFFER**

With the Standard Rate for Counseling for the DC Metro Area Ranging from \$125.00 to \$250.00 per 50 minute session, cost can be a factor for young couples just starting out. In an Attempt to Meet this Need in the Community, Real Life Counseling, LLC is making Available a Package of Six Fifty Minute Sessions for a Total of **\$450.00**. Additional Sessions will be considered at a Special Rate.

Sadly, Couples frequently spend Thousands of Dollars on their Wedding, neglecting Pre-Marital Counseling or any Form of Preparation for Marriage. Therefore, in an Effort to Strengthen Marriages, Families, and Indirectly, Communities, Real Life Counseling, LLC is Offering this Pre-Marital Counseling Package for Couples who want to Better Prepare for this Most Important Life Change.

#### **THE OBJECTIVES & PURPOSES OF THE PRE-MARITAL COUNSELING PROGRAM ARE:**

- A. Help Couples in Practical Ways to Learn about:
  - Differences
  - Similarities
  - Conflict Styles & Resolution
  - Expectations
  - Emotional Intimacy
  - Stress in the Relationship & How each deals with it
  - Communication
  - Roles
  - Financial Management
  - Leisure Time
  - Spiritual Beliefs
  
- B. Provide for Couples a Safe Place to Discuss How, if at all, they can Plan to integrate their faith into their marriage.
  
- C. Provide a Realistic Screening Aspect for the marriage:
  - Should the couple marry?
  - Are they Ready?
  - What is Compatibility?

- How the families they grew up in impacted their ability to relate?
- The Ultimate Decision always rests with the couple of course.

## **SCHEDULE**

During sessions both parties will be exploring and measuring a variety of categories in relationships such as:

- Communication
- Conflict
- Roles
- Financial Management
- Spiritual Beliefs
- Leisure time